Carbon Monoxide
The Silent Killer

"I didn't know Carbon Monoxide can come from my stove."

What is Carbon Monoxide?

Carbon Monoxide (CO) is a poisonous gas that has no color, no smell, and no taste.

Where does CO come from?

CO is made when fuel is burned. This may be wood, coal, propane, oil, or natural gas. Common Sources of CO include:

- Gas or propane stoves and ovens
- Car exhaust
- Charcoal grills
- Furnaces
- Oil, gas, propane, or kerosene heaters
- Leaking chimneys or fireplaces

What happens when you get CO poisoning?

Symptoms at low levels:

- Sleepiness
- Confusion
- Nausea
- Headaches
- Feeling tired

Symptoms at high levels:

- Nausea
- Vomiting
- Irregular heartbeat
- Confusion
- Death

POISON Help 1-800-222-1222

New Jersey Poison Information & Education System

140 Bergen Street, Level G • Suite 1600, Newark, NJ 07103

How do you stay safe from Carbon Monoxide (CO) poisoning?

Place a CO detector on each floor of your home especially near bedrooms. Follow directions and make sure all detectors meet safety standards.

Pay attention if the alarm goes off. Do not ignore it. There may be carbon monoxide in your home.

Safety Tips:

- Never leave a car running in a garage.
- Never use a gas or propane stove or oven for heating your home.
- Never burn charcoal indoors.
- Check & clean chimney flues every year.
- Do not use a generator inside your home, basement, shed or garage.
- Never place a generator near open windows, doors or vents.

What to do in a CO poison emergency:

- Go outside to get fresh air immediately.
- Call 9-1-1.
- Call your local fire department or gas company for a safety check.
- Do not go back into your home until the fire department tells you that it is safe.

Poison Help
1-800-222-1222

Chat
www.njpies.org

Text
8002221222@njpies.org

Follow us on:

RUTGERS
New Jersey Medical School

Materials are funded in part by grants from the New Jersey Department of Health and the Health Resources & Services Administration.