



Be Kitchen Smart!

Instructions: Never put anything in your mouth that might not be safe to eat or drink! Watch out for your pets too! Find the 12 things in this picture that are NOT safe to eat, drink or play with and color them red. Some things are only safe to use when an adult gives them to you. Color these 4 things yellow. There are 10 things that are safe to eat or to use when cooking. Color them green. Then, color the rest of the picture any way you like.

Be Kitchen Smart! (Answer Sheet)

Unsafe (Colored Red)

- 1. Lamp Oil**
- 2. Plant (watch out for your pets)**
- 3. Pine Fresh**
- 4. Dish Wash**
- 5. Bucket of Soap Water**
- 6. Ajax Powder Cleanser**
- 7. Roach Traps**
- 8. A Mighty Soap**
- 9. Bleach**
- 10. Rat Poison**
- 11. Bug Spray**
- 12. Glass Clean**

Safe (Colored Green)

- 1. Hey Oatmeal**
- 2. Super Flakes**
- 3. Raisins**
- 4. Saltine Crackers**
- 5. Apple**
- 6. Cupcake**
- 7. Piece of Cake**
- 8. Dog-E-Treat (watch out for your pets)**
- 9. Baking Soda (safe to use when cooking)**
- 10. Spam (safe to use when cooking)**

Safe -

Only when an adult gives them to you
(Colored Yellow)

- 1. Big Box-O-Vitamins**
- 2. Eye Drops**
- 3. Rx Box (Prescription Pills)**
- 4. Rx Bottle (Prescription Liquids)**